Cumbria Forest Food Network Meeting FOREST GARDENS, PERMACULTURE AND GROWING IN CUMBRIA

National School of Forestry, Newton Rigg Campus, Penrith University of Cumbria

Monday 7th February 2011 10-5pm

You are warmly invited to a day of permaculture and forest gardening at Newton Rigg campus on Monday 7th February .

There will be talks and workshops led by **Andy Goldring**, Head of the UK Permaculture Association and **Tomas Remiarz** who is their research leader.

We will also be sharing the results from the Cumbria Forest Food Network questionnaires and discussing where we can work together to enhance the network and our forest gardens.



If you can't make it to this further meetings and potential site visits are being developed in Spring/Summer 2011.

RSVP Please let Naomi van der Velden know if you are planning to join us just so we have an idea of interest. Email: Naomi.vanderVelden@Cumbria.ac.uk

Outline agenda:

Cumbria Forest Food Network (CFFN)

10:00	Welcome	Naomi van der Velden
10:10	Permaculture introduction	
	and workshop	Andy Goldring
11:30	Forest gardens and	
	research	Tomas Remiarz
12.30-		
1.30	lunch and networking	
1.30	CFFN intro	Rick Cross
1.50	CFFN research	Naomi van der Velden
2.00	CFFN research findings	Matt Towers
2.30	discussion group l	discussion group2
	CFFN – where next?	Forest gardens - getting involved,
4.15	sharing discussion outcomes and drawing conclusions	



