

PACT
Directory of Local Food Suppliers
 Jan-10



Meat

Gordon H. Clarke Butchers	23 Great Dockray, Penrith
Little's	Devonshire Arcade, Penrith
Cranston's	King Street, Penrith
Cranston's Food Hall	Ullswater Road, Penrith
N. Bellas	'Birchwood', Shap Shop, Shap
B & J Knowles	High Borrow Bridge, Selside, Kendal (A6) South of Shap
Deer & Dexter	Old Stoddah Farm, Penruddock
Greystone House Farm Shop	Stainton
C.J. Hewitt	Bank Head Farm, Crosby Ravensworth
Ivinson's Farm Shop & Tea Room	Weatheriggs Farm, Clifton Dykes, Penrith
Ewbanks Butchers	Boroughgate, Appleby

Fruit, Vegetables, Groceries

Carleton Farm Shop	Carleton, Penrith	
J & J Graham	Market Square, Penrith	
Tebay Motorway Services	M6, Tebay	
Star Fruits	Angel Square, Penrith	
Cranston's Food Hall	Ullswater Road, Penrith	
Fruit and Veg Stall	Great Dockray, Penrith (Tuesday Market)	
Vista Veg	Crosby Ravensworth, Penrith	Local veg box scheme operating within 7 mile radius of Crosby Ravensworth and also at local seasonal and farmers markets

Cheese & Dairy Produce

J & J Graham	Market Square, Penrith	Excellent sselection of local cheeses notably from Carolyn Fairbairn, Thornby Moor Dairy, Aikton, Wigton
Star Fruits	Angel Square, Penrith	
Nature's Health Store	King Street, Penrith	
Rheged Food Hall	Rheged, A66, Penrith	
Jeremy & Trisha Jackson	Winter Tarn Farm, Shap	Organic cheese, liquid milk and occasionally extensively raised veal at the farm
Appleby Creamery, unit 3a	Unit 3a, The Industrial Estate, Appleby	All cheeses made with Cumbrian milk, some organic – eg, Brie style, Winter Tarn's Keveriaq – brine washed Caerphilly style and Withnail – medium soft blue cheese
The Bread Shop	Boroughgate, Appleby	Selection of local cheeses, including Appleby Creamery

Flours, Breads

Nick & Ana Jones	The Watermill, Little Salkeld	Working Water Mill, Shop and Tearoom selling English wheat flour ground at the mill, plus other interesting English flours, bread and other bakery products
Nature's Health Store	King Street, Penrith	
The Bread Shop	Boroughgate, Appleby	
The Feel Good Factory	Boroughgate, Appleby	Organic flour from The Water Mill, Little Salkeld